research in practice

Tool 2: Creating a space for intersectional reflection

This tool helps you identify how to build a space to reflect about intersectionality.

The Change Project group agreed principles that underpinned our conversations. This tool will explore how these principles can be used in practice to create a safe space to hold intersectional discussions and reflections.

The **principles of intersectional work** that were agreed were:

- > Courage taking the risk to speak out, sit with discomfort, remain resilient.
- > Wisdom being okay with not knowing, appreciation of situated knowledge.
- > Compassion different positions in the intersection mean different injuries.
- > **Respect** being open to others and considerate in what you say and do.

The principles that we worked to were:

- > Everyone has something important to offer.
- > Everyone has the opportunity to take part.
- > Everyone receives something back for putting something in.
- > We will adopt a learner mindset.
- > We will recognise the impact of these conversations on each other.

The first three principles come from <u>SCIE's work on co-production</u> and the last two from <u>Jenny Garrett global</u>.



These can be used for individual reflection or considered before holding an intersectional discussion.

- 1. Consider how you have sat with discomfort in the past.
 - > What has put you out of your comfort zone and what has sustained you?
 - > How will you bring supportive factors into this space?
- 2. All spaces are configured on intersections of power, privilege and position; this includes spaces designed to reflect on intersectionality.
 - > How do you explicitly acknowledge this in the space?
 - > How do you check out people's understanding of power, privilege and position?
- 3. Safety isn't static; it is a moment by moment experience of what is going on in the context.
 - > When and how will you check in with people?
 - > What can be done on a personal and collective level to shift unsafe to safe?
- 4. When people stand at an intersection, they are at risk of collision. The principles can keep everyone driving safely.
 - > When and how will you return to the principles?
 - > How will you evoke the principles when they are needed?
- 5. Consider how you will acknowledge people's contribution, in particular people who have internalised experiences of being unsafe.
 - > How will you take account of the power dynamics that enable and inhibit people contributing?
 - > How will you acknowledge the emotional labour of people's contributions?
- 6. Recognise that time is needed for people to take care of themselves and each other.
 - > How will you give people the chance to debrief?
 - > What support will be available outside of this space?

You may find these thoughts from those who took part in the Change Project helpful:

- Minoritised groups in the workforce are always thinking about who can you trust.
- > 'We all need to be thinking about power, privilege and position.'
- > 'Power can play out in a single look.'
- > 'It's exhausting to deal with the vehicles of oppression.'
- We can be defensive against the trauma of being in close proximity to inequity.
- > 'We can be frightened of engaging with inequity in case we cannot change it.'
- We need to help people to connect to intersectionality and not see intersectionality as overwhelming.
- > 'Listening to each other has been a good experience.'