

## Birth Plan for

Unborn..... EDD.....

This birth plan is to enable parents and practitioners to have a clear understanding of the safety plan around the birth of their baby. This form is to be completed by the Social Worker **with Parents** and shared with hospital safeguarding team by week 34-35 of the pregnancy, or sooner if it is known that the baby will/or likely to be born early.

### Section 1: Basic Information

<b>Mother's Name:</b>	
Date of Birth:	
Ethnicity: Is there a need for an interpreter	
Religion: Are there any particular requirements for the parent to practice their religion, e.g. a prayer room/washing facility	
First Language:	
Any additional communication needs that need to be considered: e.g. learning needs/ visual aids/ interpreter needed	
Home Address: (if not protected)  Telephone details:	

<b>Father/Partner's name:</b>	
Date of Birth:	
Ethnicity: Is there a need for an interpreter	
Religion: Are there any particular requirements for the parent to practice their religion, e.g. a prayer room/washing facilities?	
First Language:	
Any additional communication needs that need to be considered: e.g., learning needs/ visual aids/ interpreter needed	
Home Address (if different from above and not protected)	

Telephone details:	
--------------------	--

<b>Siblings Details:</b>	Name: Date of Birth: Address:
	Name: Date of Birth: Address:

<b>Name of any other Significant Person:</b>	
Date of Birth:	
Home address (if not protected)	
Telephone details	

### Who needs to be notified about the Labour and Birth?

Name	Role	Telephone contact details
	Allocated Social Worker	Mobile Duty
	Emergency Duty Team (if admission is out of normal office hours)	
	Midwife/Health Visitor	
	Any other relevant person	

<b>Birth Partner(s) Name:</b>	
Relationship to Mother/Father:	
Contact details	
Please provide the explanation if Mother's primary choice is not agreed by Health and/or Social Care	

Are there any concerns about anyone who will visit the maternity unit?	Yes	No
	Details of the reasons why and the identified concerns posed towards baby, mother and/ or midwifery staff and to be discussed with Mother and named person where relevant.	
Name:		

Relationship to Mother/Father:	
Date of Birth:	
Address	

## Section 2: Safeguarding Arrangements

Social Care involvement:	Assessment		
	Child in Need (CIN)		
	Child Protection (CP) Category of harm:		
	Public Law Outline (PLO)		
Are there any worries that Parent/s may leave the hospital ward without informing professionals, or concerns that may leave the ward with baby?	Yes	No	Details of agreed Safety plan:
Have the Local Authority considered Court proceedings at this stage?	Yes	No	If yes, please complete the form <b>Support Plan for Birth parents</b>
Once baby is born do either of the parents need to have supervision at all times If yes, please confirm the details of the supervisor(s)	Yes	No	Name Date of Birth: Address Relationship with Mother/Father:
Confirm times for supervision:			
Are Neonatal Abstinence Syndrome (NAS) observations required	Yes	No	How long are required for?
Is toxicology of baby and mother required	Yes	No	When will they be undertaken?

### Summary of Strengths identified.

*Please outline all strengths identified for the family such as engagement with services/ support for parents to help them regulate their emotions so they can attend hospital and for Father to be present during labour, and/or at the birth.*

--

--

<p align="center"><b>Summary of the Worries identified.</b></p> <p><i>Please outline any safeguarding concerns or trauma that either parent may have experienced, or any worries related to labour or being in hospital.</i></p>

Is a Discharge Planning Meeting needed	Yes	No
<p align="center"><b>If unborn/baby is subject to a Child Protection Plan and/or Public Law Outline Plan, then a Pre-Discharge Planning Meeting is required.</b></p>		

Names		Signature	Copy Provided	Date
Mother				
Father/Partner				
Social Worker				

**Signature to show understanding of the birth arrangements.**

## **Support Plan for Birth Parents (Should Care Proceedings be Considered)**

This form is to be completed should it be decided by the Court that it is not safe for baby to return home to parent's care, at this time. The Local Authority have held a Legal Planning Meeting and discussions with parents, and this is the following plan:

### **Supervision of Baby/Parents**

	Details
Who can supervise mother and baby whilst on the ward? E.g., Father, family/friends, or the Local Authority	
Who can support parents with care of baby in hospital?	
Is a family member able to stay overnight on the ward to support Parents?	

**Plan for when Baby leaves Hospital:**

Do Parents wish to have someone with them on the hospital ward to support them during this time	Please provide details of this person:
Do Parents wish to spend additional time with Baby before he/she leaves the hospital?	If yes, who will provide support/ supervise this?
Do Parents wish to dress Baby in a special outfit to leave the hospital?	Please provide details:
If provided by the hospital do Parents wish to have a hope/memory box with i.e., a copy of the baby's hospital identity bracelet/ blanket and plaster mould.	To be discussed with Safeguarding team at hospital.
Do Parents want to leave the ward with baby and a trusted family member and who would they like to hand the baby to. Social Worker/ Foster Carer?	Please provide details of those supporting
Do Parents wish to leave the hospital before or after Baby leaves the ward?	Please provide details:
Do parents have any traditional, cultural, racial, ethnic, or religious practices they would like the child to follow or be considered once the child in alternative care?	Please provide details:
Are there any important ceremonies or celebrations that should be upheld for the child in alternative care?	Please provide details:
Any other information that needs to be considered to support parents and baby with the transition for baby to go to alternative carers?	Please provide details:

**Practical Support for Parents**

Are there any medical issues/ needs for baby that need to be discussed with parents/ carers, e.g., oramorph prescription?	
How are Parents getting home from the hospital? Do they need support?	
Do Parents want support to move baby items that are currently in their home? Can they be stored at a family/friend?	

Do Parents have access to heating, food, accommodation or do they need additional support?	
Does Mother have access to sanitary wear, breast pads etc.	
If Mother wishes to breast feed, does she have access to a breast pump and storage bags/bottles?	
Does Mother need additional support with expressing milk and information about breast -feeding support?	Midwife to discuss up to date guidance with Mother
Will Parents need support to register baby's birth and funding birth certificate?	Who will provide this support/funding:

### Emotional Support

Who will be there for when Parents get home?	
Who can Parents contact if they need to speak to someone; day or night over the first week?	Allocated Social Worker: Emergency Duty Service: Midwife:

### Family-Time Arrangements

Are Parents aware of the first family time arrangements? Has the family time schedule been shared with them both and a copy provided?	Date: Time: Frequency: Venue: Contact Supervisor:
Have Parents needs for family time been considered? For example, transport, timing around work arrangements, emotional support and who can support them?	
Are there special times that can be done within family time, for example first bath?	
Can Parents take photos during family time?	
Opportunities for Parents to share their birthing story- who with, how will it be documented?	
How will baby meet his/her brother(s) or sister(s) and/or extended family members?	

### Support from Professional Network

Do Parents wish to see Social Worker when they are home?	Details: When? How Often?
Are there any professionals that need to become involved that aren't already? Do any new referrals need to be made? i.e., crisis team	
What other professionals can visit parents at home?	

Names		Signature	Copy Provided	Date
Mother				
Father/Partner				
Social Worker				

Parents and key professionals to understand these arrangements prior to discharge.