research in practice



Transitional Safeguarding

Transitional Safeguarding is concerned with safeguarding young people as they transition from adolescence through into adulthood. It is not simply about safeguarding processes for those who are transitioning out of a service or between services, but rather is concerned with the transition to adulthood itself. This list includes a range of resources, some of which are aimed at those working in children and families' and some adults' social care. Therefore, depending on your membership, you may not be able to access all of the resources.

Read

Longer read: Transitional safeguarding - adolescence to adulthood: Strategic Briefing (2018)

Longer read: Bridging the Gap: Transitional Safeguarding and the role of social work with adults: Knowledge Briefing (2021)

Longer read: Transitions – working with young people aged 16 to 25 years: Research Summary (October 2021)

Longer read: Transitional Safeguarding: Knowledge Briefing for health professionals (2023)

Short read: Creative Aid: Supporting care leavers in a prison setting: Views (2023)

Short read: Transitional Safeguarding from adolescence to adulthood: Views (2018)

Short read: Bridging the gap with Transitional Safeguarding: Views (2022)

Short read: Transitional Safeguarding: The revolution will be individualised: Views (2022)

Short read: Safeguarding during adolescence – the relationship between Contextual Safeguarding, Complex Safeguarding and Transitional Safeguarding: Briefing (2019)

Listen

35 minutes: Participation as protection: Podcast (2023)

Watch

The Liberty Protection Safeguards – where next? Video learning resources (2023)

Innovation in response to extra-familial risks and harms - The Innovate Project: Video learning resources (2024)

Collaborative working across the lifespan: Video learning resources (2025)

12 minutes: Collaborative working to support Transitional Safeguarding: Video (2023)

32 minutes: Risks, Resilience and Relationships: Safeguarding adolescents into adulthood: Video (2020)

Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in 'Your CPD'.

For more resources, visit the Research in Practice website.

All resources are date stamped. We aim to regularly review and update content across our extensive catalogue of materials as often as capacity and resource allows.