



## Online Menu Workshop - Partner Allocations

### Final bookings menu for 2023/24

### Last chance to book this year's Online Menu Workshop - Deadline Friday 15 December 2023

This is a list of topics for Partners who have not yet booked their allocated Online Menu Workshop. Please follow the guidance below to book your workshop and access your membership allocation. Designed to support evidence-informed practice, our virtual learning options are an effective and engaging way to provide professional development and to meet organisational challenges and needs.

### Choosing your Online Menu Workshop topic

Partners can select one workshop per day of their allocation. **Link Officers** are invited to:

1. Review the topic list below and choose which topic from the list meets your local needs.
2. Book via the [booking request form](#).
3. Once your topic choice is confirmed, our Learning team can work with you to confirm a date for delivery and provide all relevant information.

### Method of delivery

Our one-day online learning workshops use a range of methods to engage participants in active learning. This includes presentations, breakout room discussion, practice scenario examples, videos, offline individual exercises and group discussion, all aimed at addressing the learning objectives.

Participants will be provided with workshop materials, plus additional resources and references.

Each workshop will be a full day online session (indicative timings 9:00-15:00), with regular screen breaks built in and designed to enable interactive participation for up to 20 participants.

## Online Menu Workshop - final topic list for 2023/24

### Children and Families

#### **Working with families where engagement is challenging**

It is at the core of effective practice that social workers and family support staff establish and maintain respectful relationships of trust with children, young people and families. For many different reasons this can be far from straightforward.

This workshop offers practical messages to support staff in working with families when anxiety, reluctance or hostility makes relationships difficult to establish. Practitioners will develop the interpersonal skills for healthy challenge which are an essential aspect of relationship-based working with families. With an emphasis on self-reflection and reflexive practice the session is suitable for practitioners, team managers and practice leads. You can find more information about this workshop [on our website](#).

#### **Trauma-informed practice with children and families**

A key principle of trauma-informed practice is recognising that trauma often underpins many of the problems faced by children and families referred to children's social care. Trauma-experienced parents and young people often find it hard to engage with professionals, given the inherent anxiety that social services involvement brings. When people feel unsafe, this may trigger their survival strategies which can make it difficult to form collaborative working relationships.

This workshop is suitable for practitioners and teams in family help and social work. It focuses on developing knowledge and confidence in trauma-informed, relationship-based practice and building core skills to enable a trauma-informed approaches with children, young people and families. You can find more information about this workshop [on our website](#).

#### **Child neglect and poverty aware practice**

Over many years, child neglect is the most common initial category of abuse recorded on protection plans, accounting for almost half of these children. In order to work effectively to address concerns, practitioners need a focused understanding of the evidence on child neglect and what we know about effective practice.

This workshop will equip practitioners to build knowledge on definitions and prevalence and impact of neglect. Participants will explore the fundamental elements of relationship-based practice with families in the context of child neglect, sharing tools and skills to support a research-grounded, poverty-aware practice. You can find more information about this workshop [on our website](#).

#### **Using analysis and critical thinking in assessment**

Good assessment is key to effective intervention and better outcomes for children, families, and adults. Without it, practice may lack focus and a clear sense of purpose which may result in a person's needs being overlooked or misunderstood, with serious consequences for their wellbeing.

This workshop introduces the core 'anchor principles' for applying analysis and critical thinking. In assessment and decision-making. It will be of value to practitioners across family help and social care, building skills and knowledge to develop evidence informed assessment and decision making. You can find more information about this workshop [on our website](#).

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## Adults

### **Developing strengths-based practice**

Strengths-based practice is a collaborative process between a person supported by services and those supporting them. It allows them to work together, drawing upon a person's strengths and assets to achieve positive outcomes.

This workshop will support practitioners to develop strength-based practice to promote wellbeing and maximise people's independence through a combination of online and offline working, independent viewing of films, group activities and reflective exercises. You can find more information about this workshop [on our website](#).

### **Working with risk**

The *Care Act 2014* places emphasis on the general duty of the local authority to promote the wellbeing of people who use services. Practitioners must often balance the complexities of risk with that of ensuring people are able to live the lives they wish. Risk enablement, or positive risk-taking, is the process of balanced decision-making in relation to risk and rights.

This workshop will encourage participants to work more effectively and positively with risk in the context of strength-based working, including the changing nature of risk. They will list the core professional skills to make confident and defensible decisions about risk and understand how case law can support risk enablement in practice. You can find more information about this workshop [on our website](#).

### **Making and evidencing defensible decisions**

The rising demand for care and support, growing expectations, limited resources and increased public scrutiny can put pressure on social care. Responses to these can also add to the pressure to make good decisions. Decision-making takes place within the context of limited time, uncertainty and the need to balance rights, protections and conflicting viewpoints.

This workshop, designed for social care practitioners, will provide an understanding of the characteristics of good decision-making in adult social care. Participants can expect to define and explain person-centred decision making in social care practice, identify the characteristics of defensible decisions, and compare various intuitive and analytical approaches. You can find more information about this workshop [on our website](#).

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