



Film 5: Jessica and James – Distracted supervisor

In this film, James arrives for a supervision session but doesn't seem to have Jessica's attention.



Questions for reflection:

1. What are your thoughts about how Jessica is behaving?
2. How might you feel if your supervisor did this?
3. What feedback would you give Jessica if you had observed this session?
4. How can a supervisee give feedback to their supervisor about how they experience supervision, and what they would like from their supervision.



Some useful resources:

TTSDP Tool 36: Supervision relationship

TTSDP Tool 37: Person centred approaches to supervision

TTSDP Tool 38: What works for me

TTSDP Tool 39: Building a good relationship

TTSDP Tool 40: Supervision agreement