



Exploitation

Exploitation refers to where an individual or group takes advantage of an imbalance of power to coerce, manipulate or deceive an adult in exchange for something. It can take many forms including sexual, financial and criminal exploitation. Those working in social care have a responsibility to safeguard adults from exploitation.

This selection of learning resources about exploitation can be used to support evidence-informed practice with adults.



Read

Longer read: [A public health approach to violence reduction: Strategic Briefing \(2021\)](#)

Longer read: [Mental capacity, intimate relationships and adult safeguarding: Frontline Briefing \(2022\)](#)

Longer read: [Transitional safeguarding - adolescence to adulthood: Strategic Briefing \(2018\)](#)

Longer read: [Forced labour and adult social care: Leaders' Briefing \(2021\)](#)

Various resources: [Adult exploitation: Resource Hub \(2026\)](#)

Various resources: [Safety Matters: Resource Hub \(2026\)](#)



Watch

[Innovation in response to extra-familial risks and harms - The Innovate Project: Video learning resources \(2024\)](#)

19 minutes: [What does a public health response to youth violence look like in practice? \(2021\)](#)

12 minutes: [A public health approach to reducing violence \(2021\)](#)



Tools

[The inherent jurisdiction of the High Court: Practice Guidance \(2020\)](#)

[Financial abuse: Brief Guide \(2020\)](#)



Listen

17 minutes: [County lines, criminal exploitation and cuckooing: Greater Manchester's learning: Podcast \(2019\)](#)



Reflect

Reflect on and record your CPD using the button on each resource page. You can also bookmark and share resources with colleagues. Log and review your reflections in 'Your CPD'.

For more resources, explore resources for adults via the [exploitation](#) topic page.